



Help me to help myself

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A little pattern with a well-known maxim that sums up the essence of the Montessori method.

"We can sum this up in two sentences; the first actually said by a child to his teacher: 'Help me to do it by myself'. The other is one we gave: 'Every useless help is an obstacle to development.'"

Maria Montessori - Citizen of the World



Design Area: 72 x 51 stitches

If stitched on 28ct linen/ 14ct aida the pattern will measure:

5,14" x 3,6" / 13 x 9,2 cm

On 28ct linen/14ct aida use two strands of embroidery floss for the cross stitch.

The sample was stitched in DMC Coloris 4515.

Variegated embroidery floss is fun to use for small project. But you can also use leftover threads, and stitch each word (or letter) in a different color.

Have fun!

Tips

This little pattern could also be worked in filet crochet, diamond painting, beads, or any other forms of 'counted' art.



For more embroidery patterns, free charts, and a useful stitch calculator, be sure to visit our website:

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